

Principles for Creating a Higher Quality of Life for All.

By Joseph Faust

Paradigms What belief systems are good for your health, your family, your country and the world?
Love works. Peace works. Honesty works. Coaching works. Recycling works. Repurposing works.

Love Principles Appreciate. Be respectful. Be kind.

Nature's Principles (natural laws)

Universal laws shape behavior. (E.g., gravity).
Your choices shift the direction for your life.
What you pay attention to, you experience.

People's beliefs shape their life.
Seeds create more of the same.
Consciousness is a force.

Breathing affects flow.
Thoughts are things.

Presuppositions

Life is a gift.
The past is over.
Success leaves clues.

Teamwork is valuable.
Diversity is a blessing.
The map is not the territory.*

Communication is redundant.*
Choice is better than no choice.*
New choices create a new future.

Gratitude creates more desired experiences.
Behind every behavior is a positive intention.*
Violence demonstrates a lack of resourcefulness.*

The messenger never rests until the message is delivered.*
The meaning of the communication is the response you get.*
People always make the best choices available to them at the time.*

If one person can do something other people can learn from that person's success.*
Anything can be accomplished when the task is broken down into small enough chunks.*

*NLP presuppositions.

[Print this page.](#)