

Biography of Joseph Faust

Joseph Faust is an extraordinary life coach. He is a leading expert on human functioning and strategies.

Joseph is especially gifted at life-design and with human-environment-productivity design.

Since 1992, he has partnered with and provided leading-edge coaching to businesses, groups, partnerships, and individuals. Joseph created the Life Coaching Center in 1995 as a resource for people committed to living extraordinary lives.

While attending the University of California at Santa Barbara, Joseph's major areas of study included sociology, psychology, and anthropology. In 1988, Joseph graduated with honors and continued his intensive studies in human excellence by becoming an expert in Neuro-Linguistic Programming processes (NLP is known as the art and science of human excellence) and achieving a 1st Degree Black Belt in Tae Kwon Do.

In addition to his professional training, Joseph's culturally-diverse life experience has contributed to his sensitivity and awareness of different cultural customs, [belief systems](#), and lifestyle choices. Joseph's appreciation for diversity and his skill with language, strategies and design have strengthened his ability to coach people with a variety of backgrounds to create bridges of understanding and trust. With understanding, trust, inspiration, and effective tools Joseph coaches clients in utilizing win-win strategies to achieve their goals, find solutions, and to create life balance.

Joseph is the author of [Life Coach Kit™](#) and [The Cards™](#) and [Extraordinary Life News](#).

Personal: Joseph is based in Santa Monica, California. Besides leading trainings, coaching clients, designing quality-life tools, and writing *Extraordinary Life News*. He also enjoys new adventures, surfing, martial arts, snow and water skiing, basketball, rollerblading and cooking. His favorite meals include homemade organic foods, Macrobiotic, Indian and Chinese cuisine.

Joseph loves coaching people to create create *win-win* sustainable success solutions.

His work is based on his passion for relationship principles: [The Love Course](#), human dynamics, win-win strategies, lifestyle and human-environment-productivity design, pattern recognition and change, and his life experience.

Joseph is living his dream as he coaches clients to:

"Be How You Wish To Be
&
Live How You Wish to Live !"
Joseph Faust

www.JosephFaust.com