

# Sustainable Success Strategies

By Joseph Faust

Include two key elements:

1 Internal Game	2 External Game
<p><b>Identity</b> Which of your beliefs about you are supportive to you?</p> <p><b>Beliefs</b> (beliefcoach.com) Which of your beliefs about the world are supportive to you?</p> <p><b>Strategies</b> Are about how to do what you do. Any success strategy can be learned.</p> <p>"Success is a matter of effectively employing the right strategy." N.L.P</p>	<p><b>Behaviors</b> Which of your behaviors are supportive to you?</p> <p><b>Environment</b> What locations are supportive to you?</p> <p><b>Supportive People</b> Who is most supportive to you?</p> <p><b>Tools</b> What tools help you succeed?</p>
Physiological Conditioning	Environmental Conditioning

The right coach can coach you to up level your game!

Business, Health, Relationships, Finances, etc. can all be winnable games, where both you **and** the people you play with WIN.

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## Mutual Fulfillment

- What do we currently have in common?  
How could we be even more aligned?

- What do you value?

What does the other person (other people) value?

How could we contribute value to each other?

- What do you believe?

What do they believe?

- What agreements and design would support us in being successful in our interactions?

- What could we create that would be beneficial to ourselves, to others, and to the planet?

- How could we create a win-win agreement?

“Expectations are a set up for disappointment.”

“Agreements are a set up to success.”

Learn more:

[TheLoveCourse.com](http://TheLoveCourse.com)

## Sustainable Success

### Sustainable Success

#### Strategies

are built based on clarity, authenticity, and commitment.

### Sustainable Success

#### Strategies

can have several steps

for example:

Sort, Sequence, Systemize, Shine, Sustain.

#### Refinement

can be a key factor in sustainability.

#### Refinement

can reduce resistance.

The less resistance, the less fuel it takes to maintain a process.

Learn more:

[LeanBusinessDesign.com](http://LeanBusinessDesign.com)